



'समानो मन्त्रः समितिः समानी'

UNIVERSITY OF NORTH BENGAL
B.A. Honours 4th Semester Examination, 2023

GE2-P2-EDUCATION

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The question paper contains GE-2A and GE-2B. The candidates are required to answer any *one* from *two* papers. Candidates should mention it clearly on the Answer Book.

GE-2A

YOGA EDUCATION

GROUP-A

Answer any *four* questions from the following

3×4 = 12

1. What do you mean by Yoga? 3
2. Write the concept of health. 3
3. Write the characteristics of Yoga Education. 3
4. State the implications of Yoga Philosophy in Yoga Education. 3
5. Give the concept of healthy life style. 3
6. Why yoga is needed for good health? 3

GROUP-B

Answer any *four* questions from the following

6×4 = 24

7. Discuss, in detail, the role of teachers in implementing yoga education in educational institution.
8. How is Sankhya philosophy reflected in Yoga Education? 6
9. Discuss, in brief, the different types of Yoga Education. 6
10. Write the aims of Yoga Education. 6
11. State the role of yoga for reducing stress in Modern life. 6
12. Explain the significance of yogic texts in the context of schools of yoga. 6

GROUP-C

Answer any *two* questions from the following

12×2 = 24

13. Define Yoga Education. Explain the nature of Yoga Education. 2+10

14. Explain the principles of yoga for promoting healthy life. 12
15. Explain the historical background of Yoga Education. 12
16. Discuss the health related problems. How can they be removed by Yoga? 6+6

OR

GE-2B

HUMAN RIGHTS EDUCATION

GROUP-A

Answer any *four* questions from the following

3×4 = 12

1. What do you mean by liberty?
2. Define Justice.
3. What are Human Rights?
4. Mention the role of Human Rights Commission.
5. Point out any three functions of the Supreme Court.
6. Mention the limitations of United Nations.

GROUP-B

Answer any *four* questions from the following

6×4 = 24

7. Explain the nature of Human Rights Education.
8. Write a short note on Human Rights Act, 1993.
9. Explain the role of media in promoting Human Rights.
10. Discuss the limitations of Human Rights.
11. Emphasise the role of High Court as an enforcement mechanism in India.
12. Write a short note on Unity in Diversity.

GROUP-C

Answer any *two* questions from the following

12×2 = 24

13. Write a detailed note on Universal Declaration on Human Rights.
14. Analyse the role of United Nations in protecting Human Rights.
15. Discuss about the objectives of Human Rights Commission.
16. Describe the nature and scope of Human Rights.

6+6

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